






Loma Verde Swimming Lessons

1420 Loma Lane, 91911 • (619) 409-1987 • <https://secure.rec1.com/CA/chula-vista-ca/catalog>
Office open weekdays 11-1 and 3-7pm, & during scheduled programs.
You may also register online or at any Chula Vista Recreation Center.



Weekdays: Each Session is 2 weeks		
Session	Dates	Notes
Spring 1	April 6—16	Monday—Thursday
Spring 2	April 20—30	Monday—Thursday
Spring 3	May 4—14	Monday—Thursday
Spring 4	May 18—29	Mon-Thurs. No class May 25. Make-up May 29
Spring 5	June 8—18	Monday—Thursday
Spring 6	June 22—July 2	Mon-Thurs. No class July 4. Make-up June 28

Weekends:				
Session	Dates	Notes	Cost	Days
Spring A	March 28 - May 30	Saturdays, No class on April 18 or May 23	\$36 resident \$45 non-res	8
Spring B	June 6 - June 27	Saturdays	\$18 resident \$23 non-res	4

Class Title/Age	Session	Time	Days	Total	Cost
Parent and Tot Swim Lessons Ages: 6 months- 3 years old* *Swim diaper is required	Spring 1, 2, 3, 4, 5, 6	5:10-5:40 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5,6	10:50-11:20 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
 Toddler Swim Lessons Ages: 2-3 years old* *Swim diaper is required	Spring 1, 2, 3, 4, 5, 6	4:00-4:30 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5, 6	9:40-10:10 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring A	10:05-10:35am	Saturdays	8	\$36 resident / \$45 non-resident
	Spring B	10:05-10:35am	Saturdays	4	\$18 resident / \$23 non-resident
	Spring A	10:40-11:10 am	Saturdays	8	\$36 resident / \$45 non-resident
	Spring B	10:40-11:10 am	Saturdays	4	\$18 resident / \$23 non-resident
 Preschool Swim Lessons Ages: 4-5 years old* *Swim diaper is required for children who are not potty trained	Spring 1, 2, 3, 4, 5, 6	4:00-4:30 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5, 6	9:40-10:10 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5, 6	10:50-11:20 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring A	10:05-10:35am	Saturdays	4	\$36 resident / \$45 non-resident
	Spring B	10:05-10:35am	Saturdays	8	\$18 resident / \$23 non-resident
	Spring A	10:40-11:10 am	Saturdays	4	\$36 resident / \$45 non-resident
	Spring B	10:40-11:10 am	Saturdays	8	\$18 resident / \$23 non-resident
 Youth Swim Lessons Ages: 6-14 years old Beginning through advanced levels. Students are tested and separated the first day of class.	Spring 1, 2, 3, 4, 5, 6	3:25-3:55 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 1, 2, 3, 4, 5, 6	4:35-5:05 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 1, 2, 3, 4, 5, 6	5:45-6:15 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 2, 3, 4, 5, 6	6:20-6:50 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5, 6	9:05-9:35 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5, 6	10:15-10:45 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring 5, 6	11:25-11:55 am	Monday -Thursday	8	\$36 resident / \$45 non-resident
	Spring A	9:30-10:00 am	Saturdays	4	\$36 resident / \$45 non-resident
	Spring B	11:15-11:45 am	Saturdays	8	\$18 resident / \$23 non-resident
Advanced Youth Swim Lessons Ages: 6-15 years old Must be able to swim 25 yds. freestyle & backstroke	Spring 1, 2, 3, 4, 5, 6	5:45-6:15 pm	Monday -Thursday	8	\$40 resident / \$50 non-resident
	Spring 5, 6	9:05-9:35 am	Monday -Thursday	8	\$40 resident / \$50 non-resident
Youth Water Polo Lesson Ages: 6-15 years old	Spring 1, 2, 3, 4, 5, 6	6:20-6:50 pm	Monday -Thursday	8	\$36 resident / \$45 non-resident
Adult Swim Lessons	Spring 1, 2, 3, 4, 5, 6	6:20-6:50 pm	Monday -Thursday	8	\$40 resident / \$50 non-resident
Private Swim Lessons Ages: 2 years old - Adults	Spring 1, 2, 3, 4, 5, 6	3:25, 4:00, 4:35, 5:10, 5:45, or 6:20pm	Monday & Wednesdays OR Tuesday & Thursdays	4	\$80 resident / \$100 non-res

Registration for July, August & September begins May 4th!



Loma Verde Aquatic Center

1420 Loma Lane, 91911 • (619) 409-1987

<http://www.chulavistaca.gov/goto/swim>



April, May & June

Office open weekdays 11am-1pm, 3-7pm, & during scheduled programs.

Register online or at any Chula Vista Recreation Center.

Pool Closures

March 31st—Cesar Chavez Day

May 25 - 27th—Memorial Day Weekend

June 18 - 19th—Staff Training

Adult Lap Swim (18+)*



Monday - Friday

11:00am - 1:00pm

5:00pm - 7:00pm**

****Limited lanes in shallow water**

Fees:

Adult: \$4 drop in, \$30/10 swims, \$75/30 swims

Senior: \$3 drop in, \$20/10 swims, \$55/30 swims

Passes also good for Parkway Classes.

All passes expire 6 months from date of purchase

Water Fitness and Deep Water Fitness (18+)

11am-12pm

Water Fitness: Mondays, Wednesdays & Fridays

Deep Water Fitness: Tuesdays & Thursdays

Instructor led class provides cardio, strength training, ab workout, & stretching all to upbeat music. Water Fitness class conducted in shallow water. Deep Water Fitness is in deep water with a float belt.



Fees

Drop in (all ages): \$4.00

Adult: 10 classes \$35 / 20 classes \$60

Senior: 10 classes \$30 / 20 classes \$50

Passes also good for Parkway Classes.

All Passes expire 6 months from purchase date



FREE Aqua Fun to be Fit (9-14 yrs)

March 23rd - March 27th

Monday, Wednesday & Friday

12:30 - 1:15pm

1:20 - 2:05pm

2:10 - 2:55pm



This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to eat healthy and have fun in the water. This class is funded by a grant from Kaiser.

Students must be able to swim 15 yards.

FREE! Chula Vista Residents Only.

Only 1 time slot per child.

Open Recreation Swim (All ages)

March 23rd - April 3rd - During Spring Break

Monday, Wednesday, & Friday: 12:30 - 3pm



Fees:

Adult: \$4 drop in, \$30/10 swims, \$75/30 swims

Senior: \$3 drop in, \$20/10 swims, \$55/30 swims

Child: \$2 drop in, \$15/10 swims, \$35/30 swim

*Children 3 and under are FREE with a paid adult and must wear a swim diaper

*Children 5 and under must have an adult in the water within arm's reach at all times.

Passes also good for Parkway Rec Swim.

All passes expire 6 months from date of purchase

FREE! April Pool's Day (All ages)

Saturday, May 2nd 1:00-4:00pm

At Parkway Pool

FREE Water Safety Event to kick off May as Drowning Prevention Month:

- FREE Swimming Lessons
 - FREE Open Swim
 - FREE CPR Demonstrations
 - FREE BBQ from CV Fire Department
- Pre-Register online starting April 1st!**

***Lap Swim availability subject to change according to programming**